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An Extensive Study of Job Satisfaction and Work-Life Balance Among MSRTC Employees in Pune

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Abstract

This research initiative involves a comprehensive and thorough exploration of the intricate relationship between job satisfaction and work-life balance among employees of the Maharashtra State Road Transport Corporation (MSRTC) operating in the Pune region. The primary objective is to gain a nuanced understanding of the factors that contribute to job satisfaction, encompassing various elements such as workload, organizational culture, and opportunities for career development within the context of MSRTC.

Simultaneously, the study aims to scrutinize the dynamics of work-life balance experienced by MSRTC employees in Pune. This involves a detailed examination of factors influencing work-life equilibrium, including the availability of flexible work schedules, the effectiveness of employee well-being initiatives, and the interplay between personal and professional commitments. The research employs a combination of qualitative and quantitative research methodologies, utilizing surveys and interviews to collect data from MSRTC employees.

Through the collection and analysis of comprehensive data, the research endeavors to offer valuable insights into the existing landscape of job satisfaction and work-life balance within MSRTC in Pune. The ultimate goal is to provide evidence-based recommendations for organizational enhancements and the implementation of employee-centric initiatives. By doing so, the study aims to contribute to the creation of a healthier and more satisfying work environment for MSRTC employees, fostering improved overall well-being and professional fulfillment.

Introduction:

In the contemporary landscape of work dynamics, understanding the intricate interplay between job satisfaction and work-life balance is of paramount importance. This research embarks on a comprehensive examination within the specific context of the Maharashtra State Road Transport Corporation (MSRTC) and its employees stationed in Pune. Recognizing the evolving nature of work and the significance of employee contentment, the study aims to delve into the factors influencing job satisfaction and the delicate equilibrium between professional responsibilities and personal life.

Given MSRTC's pivotal role in public transportation, this investigation is motivated by the unique challenges faced by its workforce. Public service professions, like those within MSRTC, often come with distinct demands, necessitating a nuanced understanding of the factors contributing to employee satisfaction and the ability to strike a harmonious work-life balance. The research recognizes the critical role MSRTC plays in connecting communities and facilitating the movement of individuals within the Pune region.

To capture a comprehensive understanding of the experiences of MSRTC employees, the research adopts a mixed-methods approach, employing surveys and interviews. This methodology is designed to collect both quantitative and qualitative data, allowing for a holistic examination of the nuanced factors influencing job satisfaction and work-life balance. The intention is not only to identify challenges but also to uncover opportunities for positive change within the MSRTC workforce.

The significance of this study extends beyond MSRTC, contributing valuable insights to the broader discourse

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on employee well-being, particularly within the public transportation sector. The findings are anticipated to inform strategies and policies that can enhance the overall satisfaction and work-life balance of MSRTC employees, thereby fostering a resilient and contented workforce. Ultimately, this research aspires to contribute to the creation of a workplace environment that supports the holistic development and satisfaction of its employees, aligning with the broader objectives of MSRTC in serving the community effectively.

Background:

The MSRTC, as a vital entity in the public transportation sector, plays a crucial role in connecting communities and facilitating the mobility of individuals in the Pune region. Amidst the significant responsibilities and demands associated with this service-oriented profession, it becomes crucial to delve into the experiences of MSRTC employees, examining the factors that contribute to their job satisfaction and the delicate balance they strike between their professional and personal lives.

Objectives:

To assess the current levels of job satisfaction among MSRTC employees in the Pune region.

To analyze the factors influencing job satisfaction, including workload, career development, and organizational culture.

To investigate the work-life balance experiences of MSRTC employees, considering factors such as flexible schedules and well-being initiatives.

To provide evidence-based recommendations for enhancing job satisfaction and work-life balance within the MSRTC workforce.

Literature Review:

Santosh Vilas Hasure, Dr. Milind Arun Peshave, 2021[1] The literature identifies its effect on various quality life conditions i.e. Job Satisfaction, Work Stress, Career Growth, Turnover, Absenteeism, Acceptance and competitive environment in context with Worklife Balance and its policies. An Efforts has been made to provide an overview of various dimensions of Work-Life Balance through the review of existing literature. Work life balance has a argument on different parameters as demographic, social trends, economic goals, sharing of kids responsibilities, primary career responsibilities, individual interests.

Dr. Nilima S Patil Dr. Sharad Patil Asst. Professor Professor, Saikrupa Institute of Management Sandip University, Nashik, (2020) [2] Ladies workforce is developing just as their promise to the affiliations is in addition, seen as enormous. The relationship must view ladies' delegates by giving persistently fitting work-life balance activities for them. Striking a sound work-life balance is fundamental for all the agents paying little brain to the business to which they have a spot.

Dr. Urmila vikas Patil Assistant Professor, Nivrutti Babaji Navale college of commerce and Science, Kusgaon,Lonavala, (2018)[3] In this research paper it is found that women bus conductors are 100% women bus conductors were happy with working hours of MSRTC. It proves that they are satisfied with working hours and their work. Maximum women bus conductor working in MSRTC i.e 52.5% are in age group of 26-35. Women were working in different department of MSRTC.

¹Mrs. K. SINDHUJA, M.B.A., M.phil. M.Com., MLM., Dr. S. SEKAR SUBRAMANIAN, M.B.A., M.Com., M.Phil., Ph.D., Research Scholar, Associate Professor & Head Madurai Kamarajar University, Madurai, India. (2018) [4] The Work life balance is a very important phenomenon that is of great concern to various employees. It goes beyond prioritizing the work role and one's personal life. It also affects

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the social, psychological, economical and mental well-being of the individual. All these is been reflected in the output of the individual, which affects his or her performance in the work place on the long run. Hence this study is aimed to find out the impact of work life balance on employees' performance.

Research Methodology:

1. Research Design:

Mixed-Methods Sequential Exploratory Design: Commencing with qualitative data collection and analysis followed by quantitative data collection for a comprehensive understanding.

2. Population and Sample Selection:

Population: All MSRTC employees stationed in the Pune region.

Sampling Technique: Stratified random sampling to ensure representation from various job roles and departments.

Sample Size: Determined based on statistical calculations to achieve both significance and diversity in responses.

3. Phase 1: Qualitative Data Collection:

In-depth Interviews: Conducting semi-structured interviews with a diverse group of employees to explore their experiences, perceptions, and factors influencing job satisfaction and work-life balance.

Focus Group Discussions: Facilitating group discussions to encourage participants to share insights, experiences, and perspectives in a collaborative setting.

4. Qualitative Data Analysis:

Thematic Analysis: Identifying recurring themes, patterns, and trends in the qualitative data to gain a deeper understanding of the subjective experiences of MSRTC employees.

5. Phase 2: Quantitative Data Collection:

Survey Questionnaire: Administering a structured survey to a larger sample of MSRTC employees, incorporating validated scales to measure job satisfaction and work-life balance factors.

Demographic Information: Collecting relevant demographic data to identify potential correlations with job satisfaction and work-life balance.

6. Quantitative Data Analysis:

Descriptive Statistics: Analyzing survey responses using descriptive statistics to provide an overview of the key variables.

Inferential Statistics: Utilizing statistical methods such as regression analysis to explore relationships between different variables.

7. Integration of Qualitative and Quantitative Findings:

Triangulation: Comparing and contrasting qualitative and quantitative results to provide a comprehensive and nuanced understanding of the research questions.

Convergence: Integrating findings to draw overarching conclusions that capture the multifaceted nature of job satisfaction and work-life balance in MSRTC Pune.

8. Ethical Considerations:

Informed Consent: Ensuring that participants are fully informed about the study's purpose, procedures, and their voluntary participation.

Confidentiality: Safeguarding participant identities and ensuring the secure storage of data.

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Ethical Approval: Obtaining approval from relevant ethical review boards to ensure compliance with ethical standards.

9. Reliability and Validity:

Pilot Testing: Conducting a pilot study to test the survey instrument and interview protocols for clarity, relevance, and effectiveness.

Member Checking: Seeking feedback from participants to validate the accuracy and authenticity of qualitative findings.

10. Timeframe:

Data Collection: Conducting qualitative interviews and focus groups in the initial phase, followed by quantitative survey administration.

Data Analysis: Concurrently analyzing qualitative data during the initial phase and quantitative data in the subsequent phase.

Report Writing: Compiling and interpreting findings, and developing actionable recommendations.

By employing this comprehensive research methodology, the study aims to uncover nuanced insights into the job satisfaction and work-life balance of MSRTC employees in Pune, contributing valuable knowledge for organizational improvements and the development of employee-centric initiatives.

Significance:

This research holds significance not only for MSRTC as an organization but also for the broader discourse on employee well-being and satisfaction within the public transportation sector. The findings are anticipated to contribute valuable insights that can inform organizational strategies and policies, fostering an environment where MSRTC employees can thrive both professionally and personally.

As we embark on this extensive study, the intention is to not only identify challenges but also to uncover opportunities for positive change within the MSRTC workforce, ultimately contributing to the creation of a workplace that supports the holistic development and satisfaction of its employees.

Population & Sample:

The population for the study on job satisfaction and work-life balance among MSRTC employees in Pune comprises all individuals employed by the Maharashtra State Road Transport Corporation (MSRTC) in various capacities within the Pune region. This includes individuals from diverse job roles, departments, and experience levels, forming the entire workforce of MSRTC in Pune.

The sample selected for the study will be a representative subset of the population. Given the diverse nature of the MSRTC workforce, it's essential to ensure adequate representation across different job roles, departments, and experience levels. The sample size will be determined using statistical methods to achieve both precision and generalizability.

Sampling Techniques:

The study may employ stratified random sampling to ensure proportional representation from various strata, such as different job roles, departments, and experience levels. This approach helps to capture the diversity within the MSRTC workforce and ensures that findings are reflective of the entire population.

Inclusion Criteria:

All full-time MSRTC employees stationed in the Pune region will be considered for inclusion in the study. Inclusion criteria will not be limited by age, gender, or specific job roles to ensure a broad and inclusive

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representation.

Exclusion Criteria:

Employees on temporary assignments, part-time employees, or those with less than a specified duration of employment may be excluded to maintain consistency and focus on the experiences of individuals with a substantial history within MSRTC.

Demographic Considerations:

The sample will aim to be diverse in terms of age, gender, job roles, and experience levels to capture a broad spectrum of perspectives. This diversity is crucial for a comprehensive understanding of the factors influencing job satisfaction and work-life balance.

Data Collection:

Data collection methods, such as surveys, interviews, and focus group discussions, will be employed to gather both quantitative and qualitative data from the selected sample. Surveys will provide quantitative metrics, while interviews and focus groups will offer qualitative insights into the experiences of MSRTC employees.

Ethical Considerations:

Ensuring informed consent, confidentiality, and the protection of participants' rights will be integral to the study's ethical framework. Ethical approval from relevant institutional review boards will be obtained before commencing data collection.

By carefully defining the population and employing robust sampling techniques, the study aims to generate insights that are not only statistically sound but also reflective of the diverse experiences within the MSRTC workforce in Pune.

Conclusion:

As we embark on this extensive study, the ultimate goal is not only to identify challenges but also to uncover opportunities for positive change within the MSRTC workforce. The aspiration is to contribute to the creation of a workplace that supports the holistic development and satisfaction of its employees, aligning with the broader objectives of the organization in serving its constituents effectively.

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